



Housatonic Valley Health District

# COVID-19 RECOMMENDATIONS: SCHOOLS

December 20, 2022

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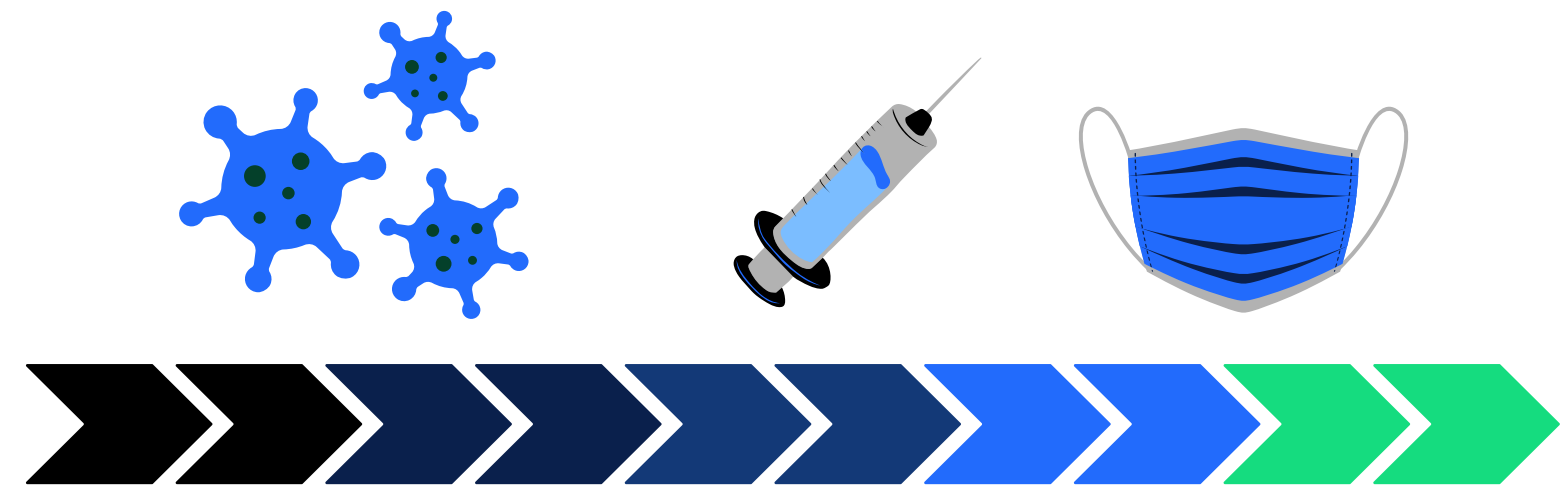
Housatonic Valley Health District

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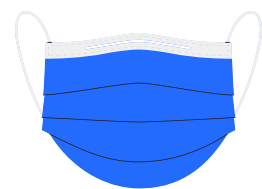
# HOUSATONIC VALLEY HEALTH DISTRICT



## COVID-19 Recommendations



Stay up to date with COVID-19 vaccinations (primary series & boosters).



Wear a well-fitted mask in crowded groups or when community levels are high.



If you want to spend time with people who don't live with you, outdoors is the safer choice. You are less likely to be exposed to COVID-19 during outdoor activities, even without the use of masks.



Good ventilation can reduce the spread of COVID-19 and lower the risk of exposure.

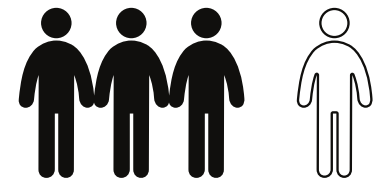
Check out the [CDC's Interactive School Ventilation Tool](#)



Practice proper hygiene (wash hands regularly, cover your mouth/nose when coughing and sneezing).



Stay home if you are not feeling well and get tested if you are experiencing COVID-19 symptoms.



Self-isolate for **5 days** if test positive & wear a mask around others for an additional 5 days.

# HOUSATONIC VALLEY HEALTH DISTRICT



## COVID-19 Recommendations

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?



Stay informed.  
Check the CDC's Community Level and recommendations frequently.

Low	Medium	High
<ul style="list-style-type: none"><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>If you are <a href="#">at high risk for severe illness</a>, talk to your healthcare provider about whether you need to wear a mask and take other precautions</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>Wear a <a href="#">mask</a> indoors in public</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li><li>Additional precautions may be needed for people <a href="#">at high risk for severe illness</a></li></ul>

People may choose to mask at any time. People with [symptoms, a positive test, or exposure](#) to someone with COVID-19 should wear a mask. Masks are recommended in indoor public transportation settings and may be required in other places by local or state authorities.

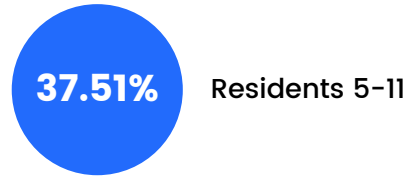
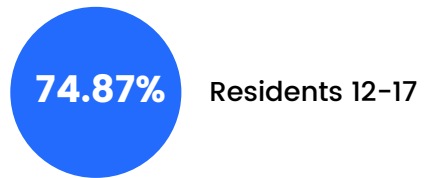
Source: [CDC COVID-19 by County](#), Retrieved July 18, 2022

# COVID-19 METRICS: FULLY VACCINATED PERCENTAGES BY TOWN AND SCHOOL AGE CHILDREN

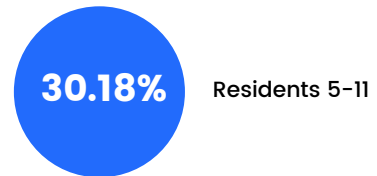
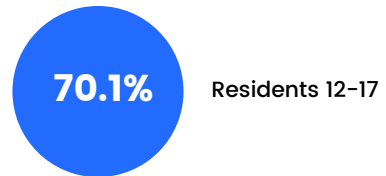
Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

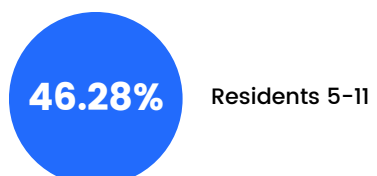
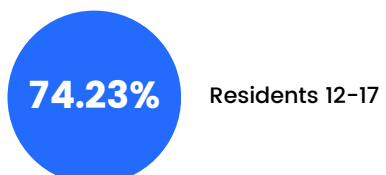
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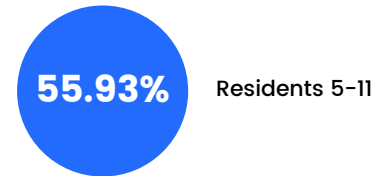
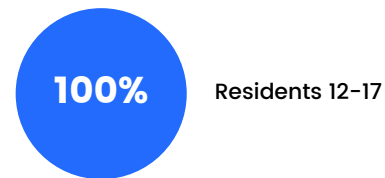
## Oxford Data:



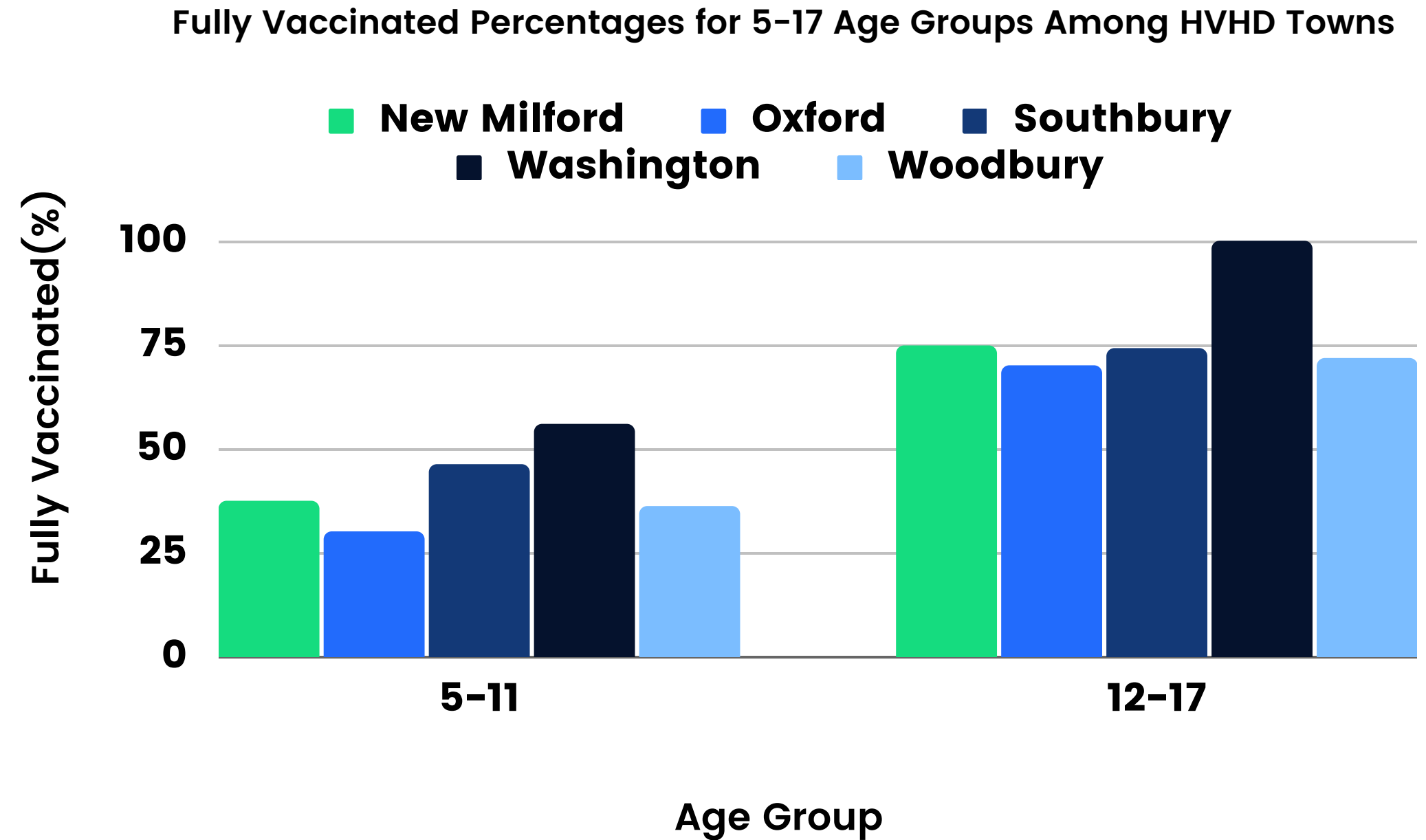
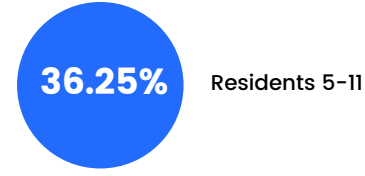
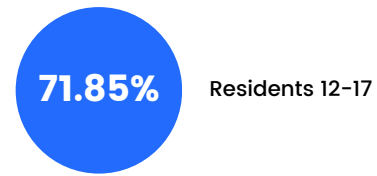
## Southbury Data:



## Washington Data:



## Woodbury Data:

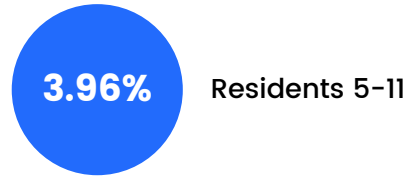
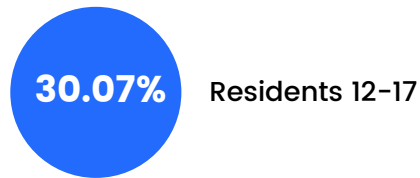


# COVID-19 METRICS: ADDITIONAL DOSE 1 RECEIVED PERCENTAGES BY TOWN AND SCHOOL AGE CHILDREN

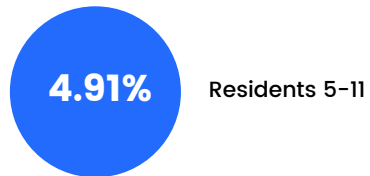
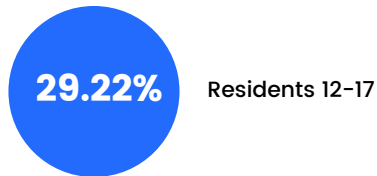
Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

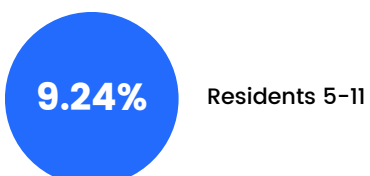
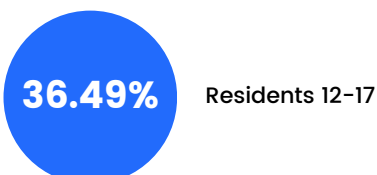
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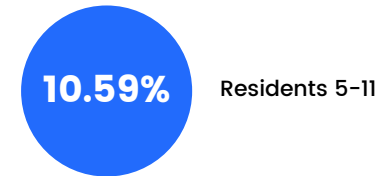
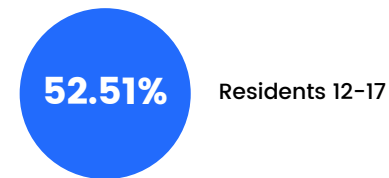
## Oxford Data:



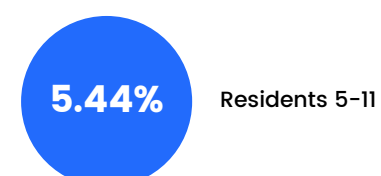
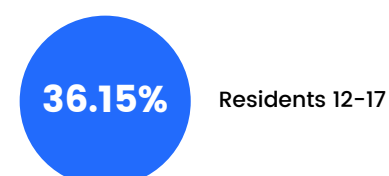
## Southbury Data:



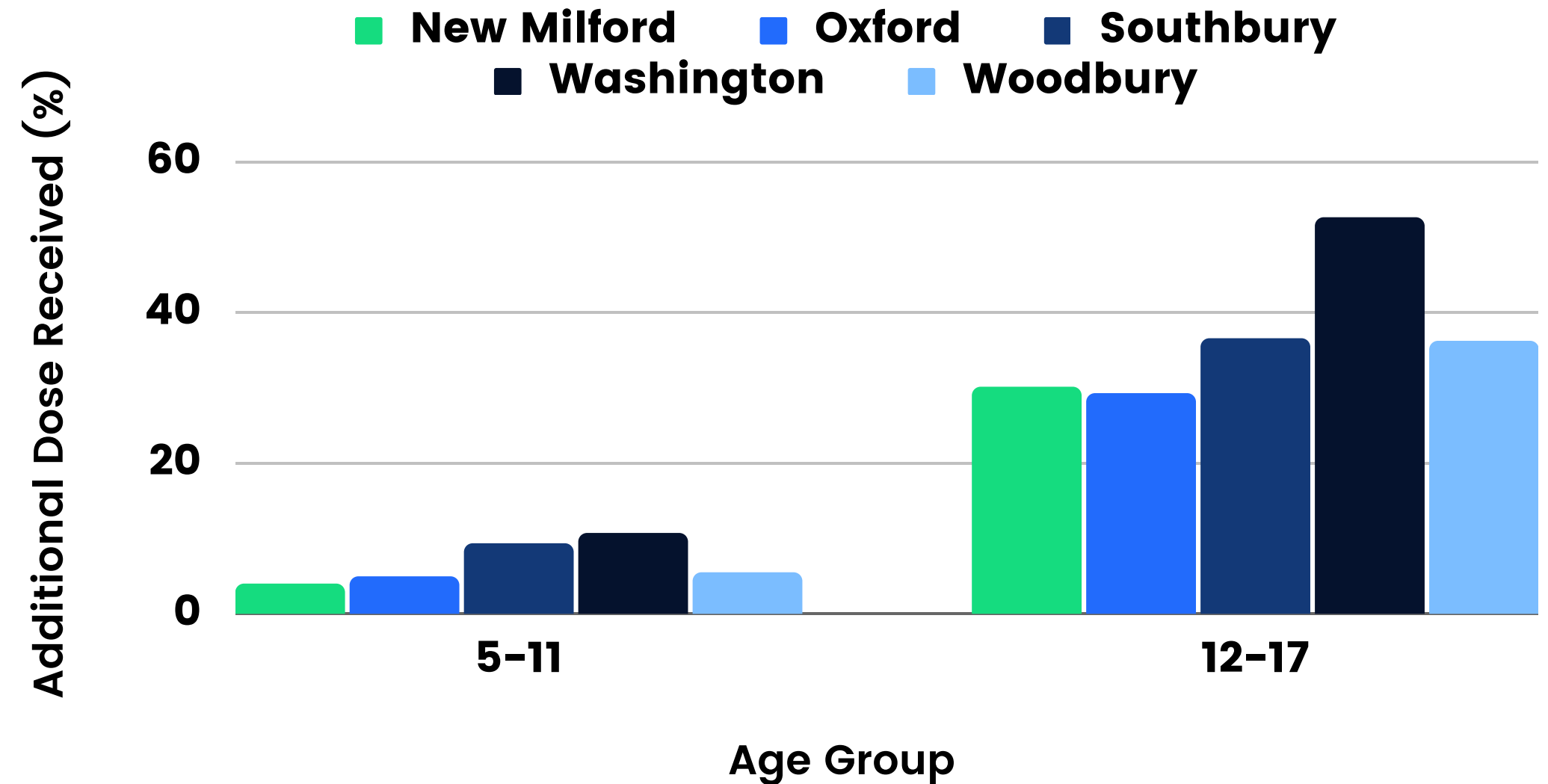
## Washington Data:



## Woodbury Data:



Additional Dose Received Percentages for 5-17 Age Groups Among HVHD Towns



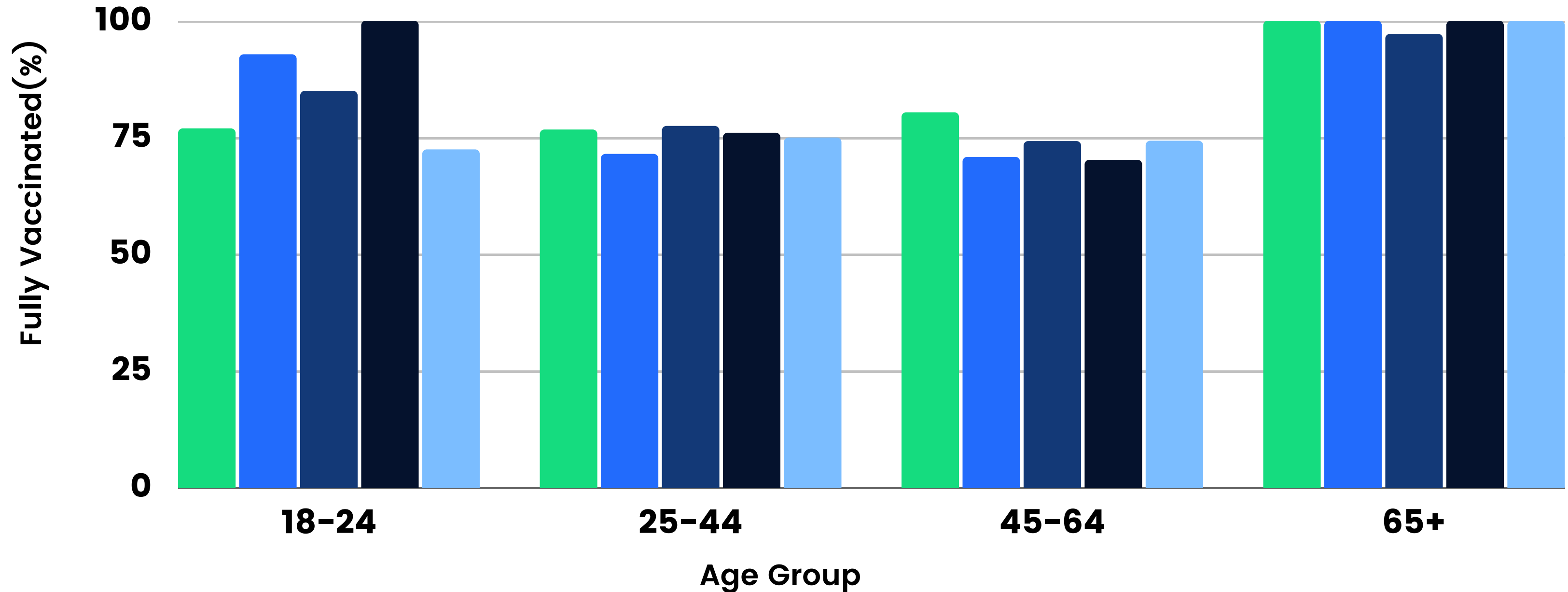
# COVID-19 METRICS: SCHOOLS (FULLY VACCINATED AMONG AGES 18-65+)

Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

Fully Vaccinated Percentages for 18-65+ Age Groups Among HVHD Towns

**New Milford**   **Oxford**   **Southbury**   **Washington**  
**Woodbury**

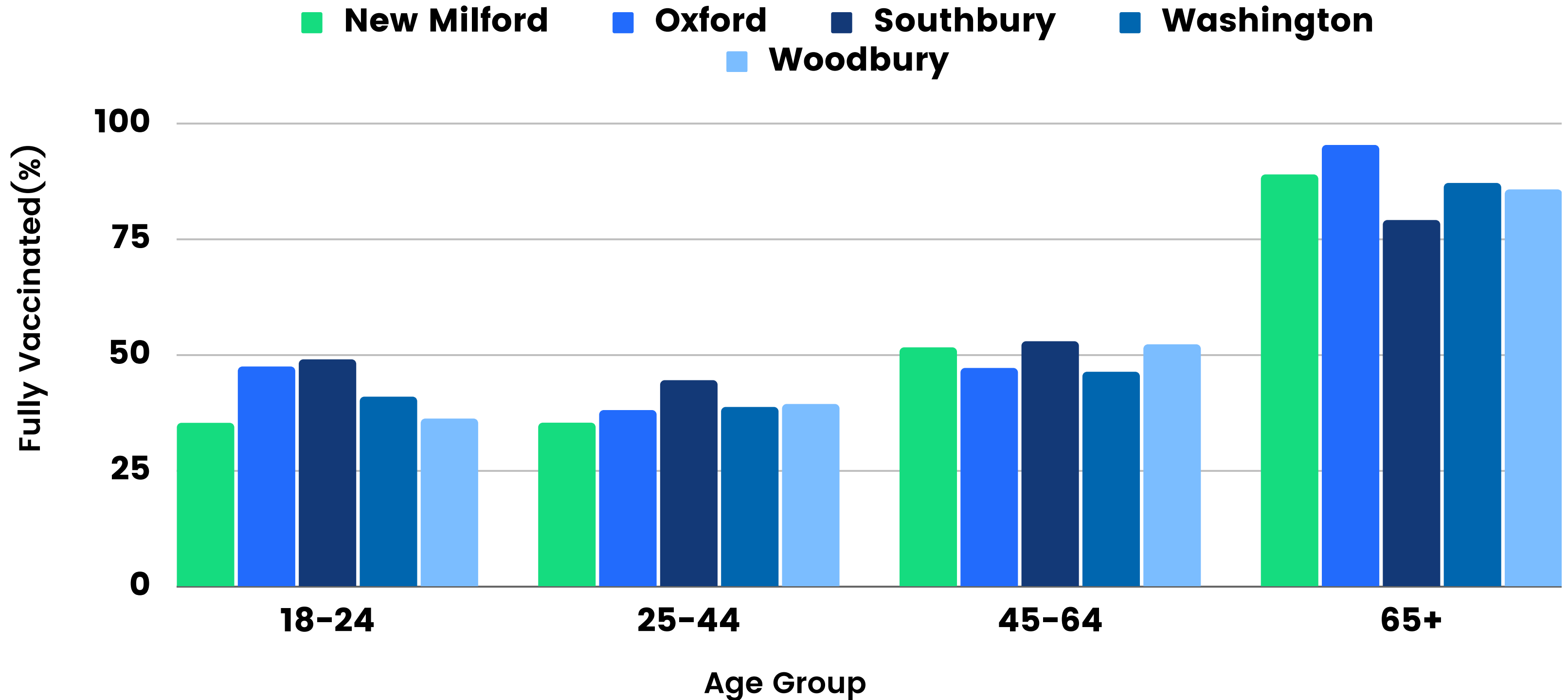


# COVID-19 METRICS: SCHOOLS (ADDITIONAL DOSE RECEIVED AMONG AGES 18-65+)

Source: [CT DATA: COVID-19 VACCINATIONS BY TOWN AND AGE GROUP](#)

Updated 2./17/2022

Additional Dose Received Percentages for 18-65+ Age Groups Among HVHD Towns





# COVID-19 Vaccine Eligibility

	Pfizer	Moderna	Johnson & Johnson
Ages 18+	<b>Primary Series:</b> <ul style="list-style-type: none"> <li>2 doses; 3-8 weeks apart</li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 <b>Bivalent</b> booster; 2 months after the final dose in the primary series</li> </ul>	<b>Primary Series:</b> <ul style="list-style-type: none"> <li>2 doses; 4-8 weeks apart</li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 <b>Bivalent</b> booster; 2 months after the final dose in the primary series</li> </ul>	<b>Primary Series:</b> <ul style="list-style-type: none"> <li>1 dose</li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 booster; 2 months after the final dose in the primary series</li> <li>Anyone who received J&amp;J may receive a 2nd dose of Pfizer or Moderna at least 4 months after their 1st booster</li> <li>Ages 50+ can choose to receive a 2nd booster</li> </ul>
Ages 12 – 17 years	<b>Primary Series:</b> <ul style="list-style-type: none"> <li>2 doses; 3-8 weeks apart</li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 <b>Bivalent</b> booster; 2 months after the final dose in the primary series</li> </ul>	<b>Primary Series: (ages 6 mo. – 5 yrs)</b> <ul style="list-style-type: none"> <li>2 doses                             <ul style="list-style-type: none"> <li>4 – 8 weeks apart</li> </ul> </li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>Not yet authorized</li> </ul>	N/A
Ages 5 – 11 years	<b>Primary Series:</b> <ul style="list-style-type: none"> <li>2 doses; 3 – 8 weeks apart</li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 <b>Monovalent</b> booster; 5 months after the final dose in the primary series</li> </ul>	<b>Primary Series: (ages 6 mo. – 5 yrs)</b> <ul style="list-style-type: none"> <li>2 doses                             <ul style="list-style-type: none"> <li>4 – 8 weeks apart</li> </ul> </li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>Not yet authorized</li> </ul>	N/A
Ages 6 months – 5 years	<b>Primary Series: (ages 6 mo. – 4 yrs)</b> <ul style="list-style-type: none"> <li>2 doses                             <ul style="list-style-type: none"> <li>3- 8 weeks apart between 1st &amp; 2nd dose</li> <li>At least 8 weeks between 2nd &amp; 3rd dose</li> </ul> </li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 Bivalent booster; 8 weeks after second monovalent primary series dose.</li> </ul>	<b>Primary Series: (ages 6 mo. – 5 yrs)</b> <ul style="list-style-type: none"> <li>2 doses                             <ul style="list-style-type: none"> <li>4 – 8 weeks apart</li> </ul> </li> </ul> <b>Booster:</b> <ul style="list-style-type: none"> <li>1 Bivalent booster; 2 months after the final dose in the primary series</li> </ul>	N/A

## Definitions:

- Primary series = 2 – 3 doses of Pfizer & Moderna; 1 dose of J&J
- Booster = additional dose
- Up to date = you have received all doses in the primary series and booster when eligible.
- Fully vaccinated = 2 weeks after final dose in primary series
- Monovalent = only 1 antigen in a vaccine
- Bivalent = a vaccine that works by stimulating an immune response against 2 different antigens (i.e. omicron BA.4 and BA.5)

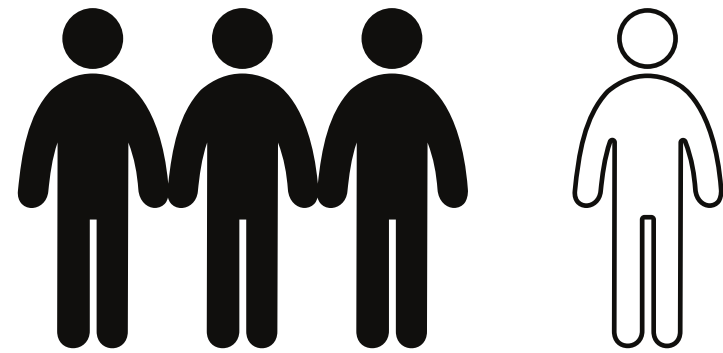
## Schedule an appt:



<https://hvhd.us/covid-19/vaccinations/>

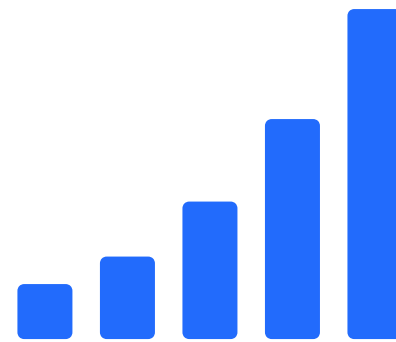


# DEFINITIONS



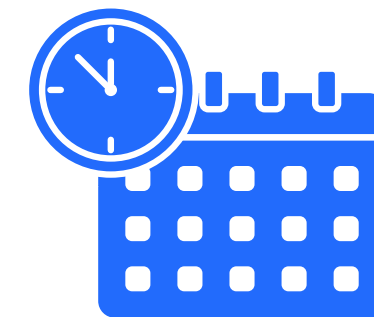
## Isolation

Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



## Community Level

COVID-19 Community Levels help individuals and communities decide which prevention actions to take based on the latest information and communities are classified as low, medium, or high.



## Isolation Day Counts:

**Day 0** = the day you were tested

**Day 1** = the first full day following the day you were tested

\*If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset

## Exposure Day Counts:

**Day 0** = the day of your last exposure to someone with COVID-19

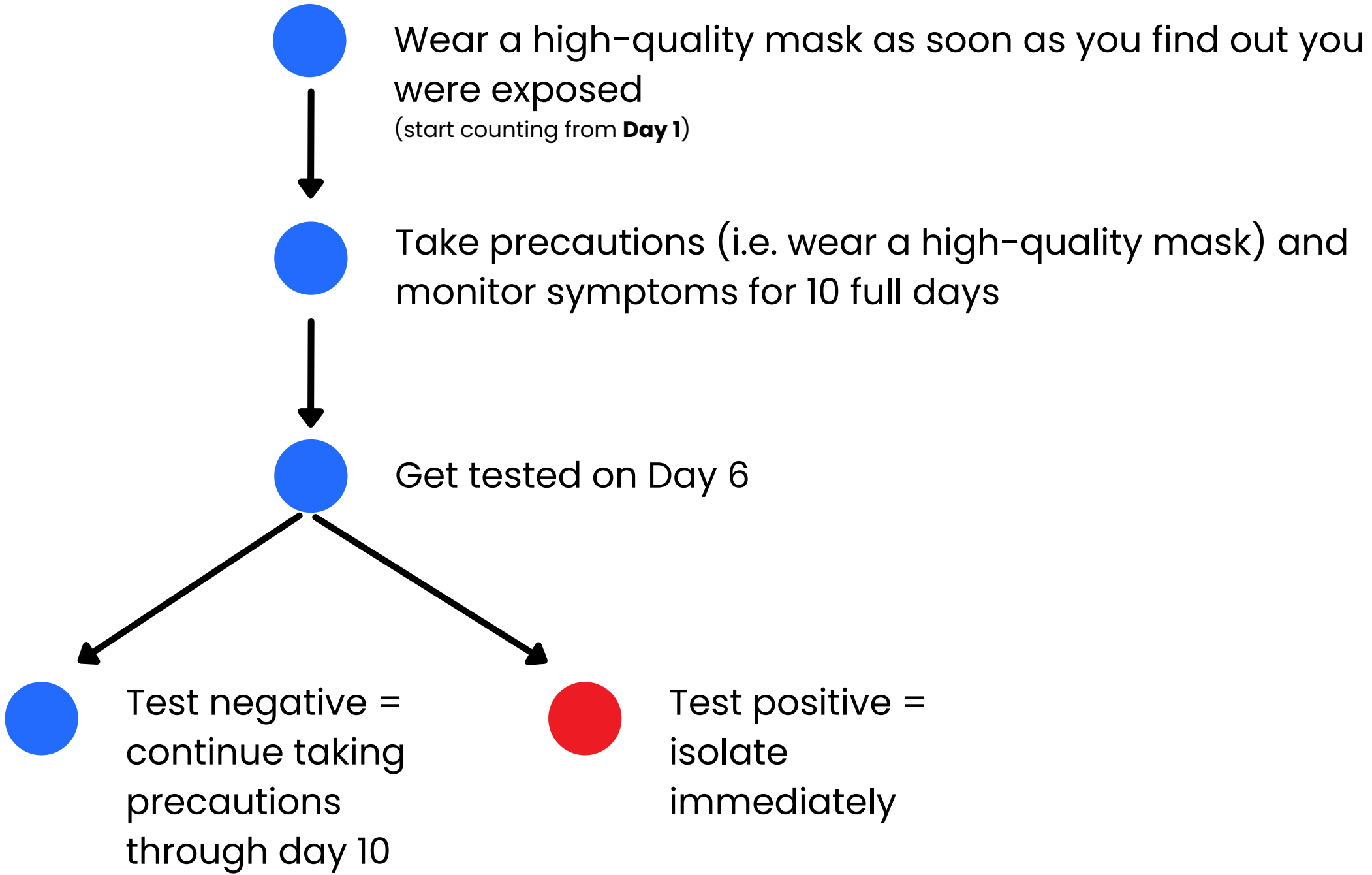
**Day 1** = the first full day after your last exposure

# COVID-19 EXPOSURE RECOMMENDATIONS

Source: [CDC: What to Do If You Were Exposed to COVID-19 \(updated August 11, 2022\)](#).



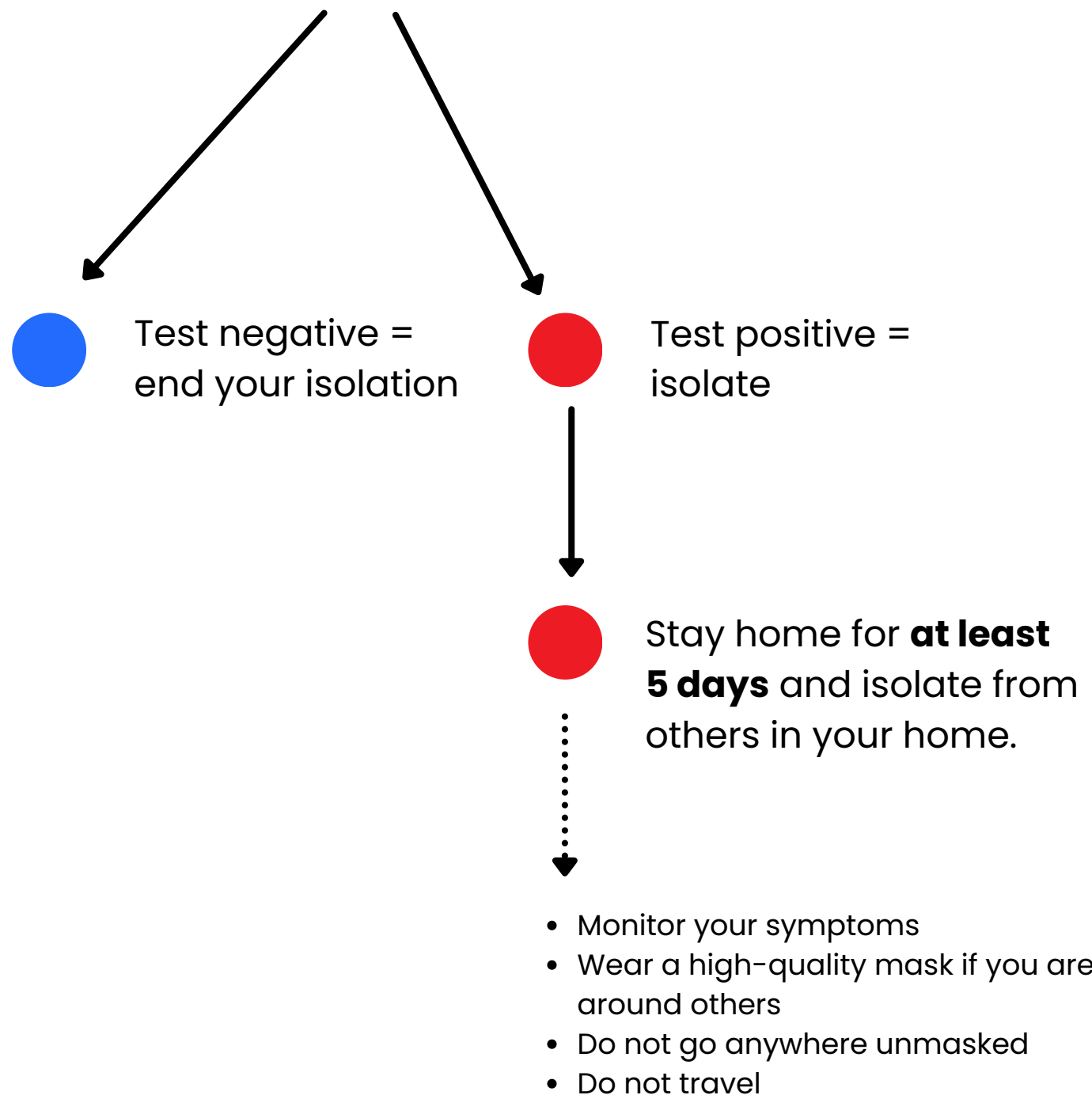
**Key:**  
**Day 0** = the day of your last exposure  
**Day 1** = first full day after your last exposure



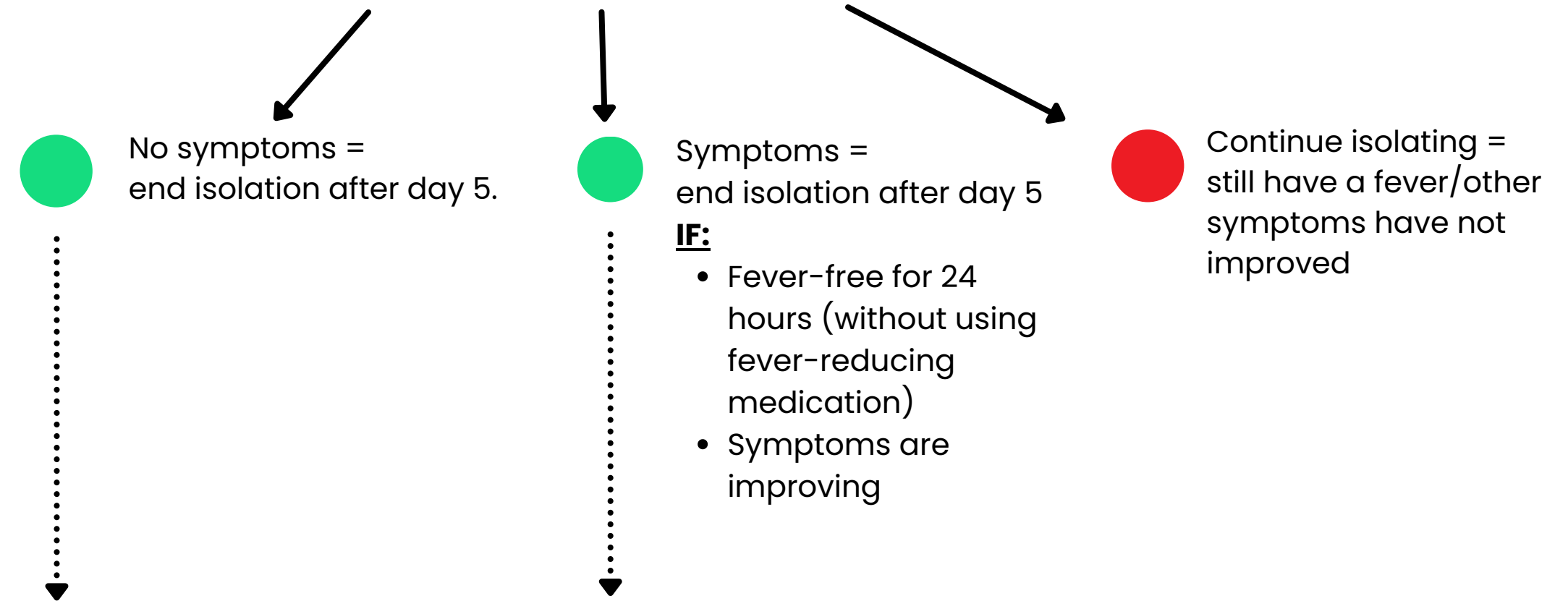
# ISOLATION: WHEN TO ISOLATE & WHEN TO END ISOLATION

Source: [CDC Isolation and Precautions for People with COVID-19 \(updated August 11, 2022\)](#).

## WHEN TO ISOLATE:



## WHEN TO END ISOLATION:



Wear a mask around others through **day 10**

**OR**



With **two** sequential negative tests **48 hours apart**, you may remove your mask sooner than day 10.

**\*If your antigen test results are positive, continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two sequential negative results.**



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